

## Hammered Dulcimer Workshops

### Beginning to Intermediate Level

- Reading Music & Playing the HD: learn to sight read standard notation and find those notes on your HD. We'll work through some exercises to allow us to look away from the strings and up at the music.
- Backup Chords on the HD: we'll try some different patterns and rhythms for 3/4 and 4/4 time. These can be used for vocal backup (yes, we'll do some singing) and for accompanying other instruments.
- Lullabies: A session on some sweet melodies such as "Brahm's Lullaby" and "Hush Little Baby".
- Hymns on the HD: we'll work on some lovely old hymns such as "Sweet Hour of Prayer" and "Precious Memories". First we'll get the basic melodies down, one phrase at a time, and then work in some chords to fill them out.
- Wonderful Waltzes: we'll take a couple of simple waltzes; get the melodies down and then explore filling in the "holes" with chords. Possible tunes are "Rainbow Waltz", "Cowboy's Waltz", "Peeler Creek" or "Tombigbee".
- Old Time Repertoire: We'll learn some jam standards such as "June Apple", "Mississippi Sawyer", and "Road to Boston".

### Intermediate to Advanced Level

- Call & Answer Tunes: Many fiddle tunes are well suited for trading the lead back and forth between players. Possible tunes are "Spotted Pony", "Briarpicker Brown" and "Duck's Eyeball".
- Ragged Tunes: we'll work through a couple tunes like "Pig Ankle Rag", or "Red Apple Rag" and then focus on the rhythm accents which make these tunes so much fun to hammer.
- New England Tunes: add some contradance standards to your repertoire such as "Road to Boston", "Swallowtail Jig", "Come Dance & Sing" and "Staten Island".
- Crooked Tunes: It can be a challenge to learn irregular tunes – ones where a beat is added or dropped. Come learn "Texas", "Elk River Blues", and "Roscoe's Waltz".
- Duets on the HD: we'll work through some counter melodies to tunes you probably already know - like "Southwind" and "Golden Slippers". We'll put the two parts together and give some ideas on arrangements and dynamics.
- Swiss Tunes: learn some traditional Swiss folk tunes to add to your repertoire. Bring your yodeling voice and join in the fun!

## Heidi's Mountain Dulcimer Workshop Suggestions:

Title: Mountain Dulcimer 101

Level: Beginner

Tuning: DAA

Description: We will start with getting the dulcimer comfortable on your lap, getting the instrument in tune, holding the pick, and finding some easy melodies on the fretboard. No previous music experience is necessary.

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Title: Easy Rounds

Level: Beginner/Novice

Tuning: DAD

Description: One of the quickest ways to play harmony with your dulcimer buddies is to learn rounds. Everyone will learn the melody and then split into groups.

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Title: Capo 101

Level: Beginner/Novice

Tuning: DAD

Description: An introduction to using a capo and how helpful it can be! A few capos will be available, but bring one if you have one.

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Title: Learn a Song by Ear

Level: Beginner/Novice

Tuning: DAD

Description: A good exercise in listening and training your fingers to imitate what you hear. It will also help develop skills for memorizing songs.

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Title: Chords in DAA

Level: Beginner/Novice

Tuning: DAA

Description: A clear chord chart will be provided and participants will go through the exercise of penciling in fingerings next to the chord names. Songs to be used for the exercise are: "Hard Times", "Banks of the Ohio", "Jubilee", "Down the Road", and "Going to Little Creek".

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Title: Easy Children's Songs

Level: Beginner/Novice

Tuning: DAD

Description: Sometimes it's the early childhood songs that allow our fingers to quickly get familiar with the fret board. Examples of these include "London Bridge", "Michael Row Your Boat Ashore", and "Brahm's Lullaby".

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Title: Up the Fretboard

Level: Intermediate

Tuning: DAD

Description: A workshop to focus on chord shapes at higher frets. This is a nice way to vary the sound and add texture to your playing.

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Title: Scottish Tunes  
Level: Intermediate/Advanced  
Tuning: DAD  
Description: Learn a couple beautiful melodies that lie nicely on the dulcimer. Selections include “Loch Tay Boat Song”, “Rorate”, “Ian Ruddah’s Lament”, and “Cuillins of Home”.

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Title: Ragged Tunes  
Level: Intermediate/Advanced  
Tuning: DAD  
Description: The left hand fingering and syncopated rhythms make these tunes fun to play on the dulcimer. “Pig Ankle Rag” is in D-A-D and “Red Apple Rag” is in D-A-D capo 3.

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Title: Duets  
Level: Intermediate/Advanced  
Tuning: DAD  
Description: We’ll experiment with counter melodies to tunes you probably already know such as “Southwind” and “Golden Slippers”. We’ll put the two parts together and give some ideas on arrangements and dynamics.

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Title: Old Time Repertoire  
Level: Intermediate/Advanced  
Tuning: DAD  
Description: Learn a couple of fiddle tunes that are fun to play, and not so widely known such as “Prairie Sunflower”, “Rosetree”, “Grand River Whiskey”, and “Coleman’s March”.

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Title: Call & Answer Tunes  
Level: Intermediate/Advanced  
Tuning: DAD  
Description: Many fiddle tunes are well suited for trading the lead back and forth between players. Possible tunes are “Spotted Pony”, “John Brown’s March”, “Briarpicker Brown” and “Duck’s Eyeball”.

## Heidi – Autoharp Workshops

Title: 4/4 Strums  
Level: Beginner  
Technique: strumming  
Songs: Billie Boy  
Bile Cabbages  
New River Train  
Oh Susannah  
Camptown Races  
Keys: F and C  
Suitable: Diatonic or Chromatic

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Title: Pinch Strums  
Level: Adv Beginner  
Technique: strumming  
Songs: Banks of Ohio  
Waterbound  
Simple Gifts  
Hold Fast  
Amazing Grace  
Keys: F and C  
Suitable: Diatonic or Chromatic

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Title: Kids Songs  
Level: Adv Beginner  
Technique: strumming  
Songs: London Bridge  
Froggie Went Courtn  
Pizza Pie  
Pink Pajamas  
Happy & Know It  
Keys: G and D  
Suitable: Diatonic or Chromatic

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Title: Lullabies  
Level: Adv Beginner  
Technique: melody playing  
Songs: Cradle Song  
All Thru the Night  
Oh How Lovely  
Hush Little Baby  
Brahms's Lullaby  
Keys: F and C  
Suitable: Diatonic or Chromatic

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Title: Call & Answer  
Level: Intermediate  
Technique: melody playing  
Songs: Spotted Pony  
John Brown's March  
Prairie Sunflower  
Old Man & Old Woman  
Duck's Eyeball  
Keys: G, D and A  
Suitable: Diatonic or Chromatic

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Title: Dreamy Waltzes  
Level: Intermediate  
Technique: melody playing  
Songs: Innishear  
Fanny Power  
Miss Rowan Davies  
Shepherd's Wife  
Boda Waltz  
Keys: G and D  
Suitable: Diatonic or Chromatic

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Title: Rounds  
Level: Intermediate  
Technique: melody playing  
Songs: Are You Sleeping  
Make New Friends  
Kookaburra  
Music Alone Shall Live  
Dona Nobis Pacem  
Keys: C and D  
Suitable: Diatonic or Chromatic

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Title: Swiss Melodies  
Level: Intermediate  
Technique: melody playing  
Songs: Weggiser Lied  
Es Beurebubli  
Chline Veili  
Uf den Alpen  
Lueget vo Berg  
Keys: C and G  
Suitable: Diatonic or Chromatic

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Title: Afr. Amer. Spirituals  
Level: Intermediate  
Technique: melody playing  
Songs: Lonesome Valley  
Ezekiel Saw D'Wheel  
Swing Low  
Balm in Gilead  
I Got Shoes  
Keys: G and D  
Suitable: Diatonic or Chromatic

Title: NE Contradance  
Level: Intermediate  
Technique: melody playing  
Songs: Come Dance & Sing  
Road to Boston  
Staten Island  
Rose Tree  
La Bastringue  
Keys: G and D  
Suitable: Diatonic or Chromatic